U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.

For Official Use Only
AUG 1 2 2005

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READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 5760	2. Fiscal Year Covered From
	1 / 1 / 2004 Through: 12 / 31 / 2004
3. Name and address of person filing.	4. Name, file number, and address of labor organization.
Name Michael V Nelsor.	Name Lakes & Plains Regional Council ov Carpenters
	Labor Organization File Number 528543
P.O. Box, Bidg., Room No., if any	P.O. Box, Building and Room Number, if any
Street 7441 Hampshire Avenue N	Street 700 Olive Street
City Brooklyn Park	City St. Paul
State Minnesota ZIP Coce+4 5542	State Minnesota ZIP Code + 4 55101
5. Position in labor organization. Business Representation	ve

Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transaction monetary value from an employer whose of	ons (including loans) w employees your orga	vith, or derived income or other economic benefit of anization represents or is actively seeking to represent.
6. Name and address of Employer (including trace	de name if any).	7.a. Nature of Interest, Transaction, or Income.
Name N/A		N/A
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
		7.b. Amount.
Street		
City		
State Z	IP Coce + 4	

Signature

15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information
submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the
undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)

Signed July July

on \$7/0/05

763-561-2795

Telephone Number

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Name of Person Filing Michael Nelson	File Number U-	
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.		
8. Name and address of Business (including trade name if any). Name N/A Trade Name, if any: P.O. Box, Bldg., Room No., if any Street City State ZIP Coce + 4 10. If 9.b. or 9.c. is checked give trust or employer's rame Name N/A Trade Name, if any: P.O. Box, Bldg., Room No., if any	9. Business deals with a. Labor Organization b. Trust c. Employer 11.a. Nature of such dealing. N/A	
Street City State ZIP Cot e + 4	11.b. Approximate dollar value of such dealing. 12.a. Nature of interest held or income received. N/A	
	12.b. Amount.	
C. Received from any employer (other than an employer covered un or from any labor relations consultant to an employer any payment of money		
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Amalgamated Transit Union Local 1005 PAC Trade Name, if any: P.O. Box, Bldg., Room No., if any Room 438 Street 312 Central Ave N	14.a. Nature of payment. Campaign Contribution	
City Minneapolis State Minnesota ZIP Coce + 4 55414	14.b. Amount of payment.	
13.b. Is the Business an Employer or Consultant 2	\$300	

Name of Person Filing Michael Nelson		File Number U -
Part C Conti	nuation Page	
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any lab	or relations consultant to an employer any
Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Committee of Thirteen	14.a. Nature of payment. Campaign Contribution	
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
Street 2318 Vincent Ave N		
City Minneapolis		
State Minnesota ZIP Code + 4 55411		
13.b. Is the Business an Employer or Corsultant ?	14.b. Amount of payment	\$250
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any lab	or relations consultant to an employer any
Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Communication Workers of America	14.a. Nature of payment. Campaign Contribu	tion
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
Street 3521 East Lake Street		
City Minneapolis		
State Minnesota ZIP Code - 4 55406		
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.	\$200
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any lab	or relations consultant to an employer any
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.	tion
Name CUVOL Credit Union Volunteer Committee	Campaign Contribu	O ZOII
Trade Name, if any:		

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14.b. Amount of payment.

\$200

ZIP Code + 4 55425

or Consultant

P.O. Box, Bldg., Room No., if any

City Bloomkington

13.b. Is the Business an Employer

State Minnesota

Street 2788 East 82nd Street

Name of Person Filing Michael Nelson	File Number U-

Part C Continuation Page		
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labor relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment. Campaign Contribution	
Name Education Minnesota Osseo PAC		
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any #126		
Street 10200 73rd Avenue North		
City Maple Grove		
State Minnesota ZIP Code + 4 55369		
13.b. Is the Business an Employer or Cor sultant 2 ?	14.b. Amount of payment \$250	
C. Received from any employer (other than an emp oyer covered under parts A payment of money or other thing of value.	and B above) or from any labor relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.	
Name IBEW Local 292 Political Education Fund	Campaign Contribution	
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any Suite 292		
Street 312 Central Avenue SE		
City Minneapolis		
State Minnesota ZIP Code + 4 55414-1087		
13.b. Is the Business an Employer or Consultant 2 ?	14.b. Amount of payment. \$500	
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labor relations consultant to an employer any	
 Name and address of Employer or Labor Relations Consultant (including trade name, if any). 	14.a. Nature of payment. Campaign Contribution	
Name Lakes & Plains Regional Council of Carpenter	Campaigh Conclibation	
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
Street 700 Olive Street		
City St. Paul		
State Minnesota ZIP Cod-> - 4 55101		
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment \$250	

Name of Person Filing Michael Nelson	File Number U-	
Part C Continuation Page		
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labor relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Local 851 Political Action Fund Trade Name, if any: P.O. Box, Bidg., Room No., if any Street 1534 South Ferry Street City Anoka	14.a. Nature of payment. Campaign Contribution	
State Minnesota ZIP Code + 4 55303		
13.b. Is the Business an Employer or Corsultant ?	14.b. Amount of payment \$500	
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any Is bor relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Mah Mah Wi No Min Fund 1 Trade Name, if any: P.O. Box, Bldg., Room No., if any Street 100 Washington Avenue South City Minneapolis State Minnesota ZIP Code - 4 55401	14.a. Nature of payment. Campaign Contribution	
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment. \$250	
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value	and B above) or from any labor relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Minesota AFL-CIO Trade Name, if any: P.O. Box, Bldg., Room No., if any	14.a. Nature of payment. Campaign Contribution	

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14.b. Amount of payment.

\$250

ZIP Code + 4 55103

or Consultant

Street 175 Aurora Avenue

City St. Paul

State Minnesota

13.b. Is the Business an Employer

Name of Person Filing Michael Nelson		File Number U-	
Part C Continuation Page			
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labo	r relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment. Campaign Contribut	ion	
Name Minnesota Drive	campaign contribut	IOI	
Trade Name, if any: Teamsters			
P.O. Box, Bldg., Room No., if any			
Street 3001 University Avenue SE			
City Minneapolis			
State Minnesota ZIP Code + 4 55414			
13.b. Is the Business an Employer or Cor sultant ?	14.b. Amount of payment.		\$300
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labo	r relations consultant to an employer any	
13.a, Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.		
Name Minnesota Trial PAC	Campaign Contribut	ion	
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street 706 Second Avenue Sout			
City Minneapolis			
State Minnesota ZIP Code + 4 55402			
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.		\$200
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labo	relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.	-:	
Name PAL 9 National Association of Letter Carrier	Campaign Contribut	101	
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street 11581 Ilex Street NW			
City Coon Rapids			
State Minnesota ZIP Code + 4 55448-2316			
13.b. Is the Business an Employer or Consultant 2	14.b. Amount of payment.		\$300

Name of Person Filing Michael Nelson	File Number U-	
Part C Conti	nuation Page	
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.		
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment. Campaign Contribution	
Name Pipe Fitters Local 539 Pol.tical Action Fund		
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any Room 334		
Street 312 Central Avenue		
City Minneapolis		
State Minnesota ZIP Code + 4 55414		
13.b. Is the Business an Employer or Cor sultant ?	14.b. Amount of payment \$250	
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value.	and B above) or from any labor relations consultant to an employer any	
 Name and address of Employer or Labor Relations Consultant (including trade name, if any). 	14.a. Nature of payment.	
Name		
Trade Name, if any:		
P.O. Box, Bidg., Room No., if any		
Street		
City		
State ZIP Code + 4		
13.b. Is the Business an Employer or Consultant?	14.b. Amount of payment.	
C. Received from any employer (other than an employer covered under parts A payment of money or other thing of value	and B above) or from any labor relations consultant to an employer any	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.	
Name		
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
Street		
City		
State ZIP Ccde + 4		
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.	